



DOMESTIC ABUSE SERVICES
GWASANAETHAU CAM-DRIN DOMESTIG

Volunteering



Life can be different



Llinell Gymorth Live Fear
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Volunteers are an integral part of the Vale Domestic Abuse Services community, helping us to make a positive difference to the lives of those who use our services.

Our volunteers come from many different backgrounds and bring a diverse set of skills and experiences that are invaluable to our work. If you join our brilliant team, you will gain skills and experience, have opportunities for training and learning, whilst making a valuable and vital contribution.

HOW TO BECOME A VOLUNTEER

If you would like to become a volunteer with us, please phone or email us for an informal chat about your interests and how you would like to help and to request an application form.

Once we have received your application we will arrange for you to have an informal interview with a member of staff.

Before you start volunteering we arrange for you to have a DBS check. This is a standard procedure as you will be working with vulnerable individuals. Having unrelated offenses does not necessarily rule you out of volunteering with Vale Domestic Abuse Services.

Once you have been accepted as a volunteer you will have a tailored training programme and be assigned a buddy to support you in your journey.

VOLUNTEERING IS REWARDING!

Whether you would like to gain experience for your career progression or if you would like to give something back to the community we have lots of opportunities for you.

WHAT WILL YOU GAIN FROM BEING A VOLUNTEER?

Excellent training such as:

- > Domestic Abuse Awareness
- > Helpline and Communications
- > Forced Marriage & Cultural Awareness
- > Safeguarding Adults and Children
- > Experience working with a wide range of people from diverse backgrounds
- > Learn new skills
- > Meet new people
- > Gain experience for your CV

We encourage people aged 18+ from all of our diverse community to volunteer. We offer a friendly, challenging and supportive environment for you to grow and develop your skills.

Due to the sensitive nature of our work we only consider female applicants in accordance with the provisions of the Occupational Requirement (Equality Act 2010, Schedule 9 Part 1)

VOLUNTEER OPPORTUNITIES – WORK WITH OUR LOCAL TEAM

There are many ways you could be involved in the local team. You could:



HELPLINE

Provide a listening ear to clients by volunteering on our office hours helpline. The role of a helpline volunteer is important as you may be the first person the caller tells about the domestic abuse and sexual violence they are experiencing.



HELP FACILITATE A GROUP

Vale Domestic Abuse Services run several groups and wellbeing workshops. Volunteers will provide practical and emotional support to participants during the courses and help with organizing the sessions.



REFUGE SUPPORT VOLUNTEER

Volunteers in refuge have a wide range of responsibilities including providing practical and emotional support, organising activities for residents, linking them with other opportunities.





COUNSELLING VOLUNTEER

Vale Domestic Abuse Service has a specialist counselling service which is provided by counselling volunteers. We take students on their placements as well as trained and experienced counsellors. All our counsellors need to have BACP registration. Our counselling service is a highly sought-after service.



EVENTS

Help us to raise awareness by assisting us to organize events for survivors and to fundraise.

COMMUNITY CHAMPIONS

Community champions use their local knowledge to build on their community strengths. They understand the culture and sentiment of the community and how it works. Your local understanding could be crucial in transforming and improving the local response to domestic abuse, helping towards a lasting and positive change.





For more information call our helpline

01446 744755

or email

info@valedas.org

 **valedas.org**

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